



## MAKE A DIFFERENCE...

# Volunteer

Volunteering with Journey Hospice may be one of the most fulfilling things you ever do; we have a variety of volunteer opportunities from which to choose. Volunteers are treasured members of the hospice team. By being a hospice volunteer, you can gain great personal satisfaction from knowing that you have made an impact in another person's life and in their community.

Volunteer training requirements vary based on your chosen role. Orientation classes are held regularly. You may call Journey Hospice at **609-380-4302**, or email us at [journeyinfo@lsmnj.org](mailto:journeyinfo@lsmnj.org) for more information.



Part of  Lutheran Social Ministries of NJ



## Hospice Quality Reporting Program (HQRP) Recognition

Journey Hospice is recognized as a Hospice provider that successfully met the quality data reporting requirements by the Centers for Medicare & Medicaid Services (CMS). This recognition applauds Hospice providers for their vigilant attention to compliance and documentation.

**609-380-4302**

**Toll Free: (800) 458-0651**

**E: [journeyinfo@lsmnj.org](mailto:journeyinfo@lsmnj.org)**

**[journeyhospicenj.org](http://journeyhospicenj.org)**

THE RIGHT CARE AT THE  
*Right Time*



Journey Hospice provides hospice care, as well as palliative care, to individuals and their loved ones during an advanced illness or when such illness requires dedicated symptom management. These services are provided in either the patient's home, a hospital or a nursing care facility.

Throughout various counties in New Jersey, Journey Hospice's team of skilled professionals dedicate the time it takes to help patients and families feel secure with their proposed treatment plan and care options. They also ensure a smooth transition between each care setting to alleviate a patient's stress and discomfort.

## HOSPICE *Care*



Our devoted team provides care and support to individuals and their loved ones as an illness progresses, ensuring that every person's journey of life is allowed to end with dignity, compassion, and comfort.

When one is faced with a life-limiting illness, they may struggle with important decisions that affect their quality of life:

**What is the best treatment for me?**

**Where do I find it?**

**What is too much or too little?**

**How do I keep myself, and my family whole – physically, emotionally, and spiritually?**

Our staff members serve as advocates for our patients and their families. It is the objective of our team to listen, and to align our plan of care with their wishes.

We provide comfort, love and respect, ensuring quality healthcare, and the ability to live life to its fullest, every day.

The hospice care team provides expert symptom management, family support, education and access to holistic therapies that can improve comfort and peace of mind.

## PALLIATIVE *Care*

Palliative care is a comprehensive treatment plan to help patients living with a serious, chronic, or life-threatening illness manage their symptoms more comfortably. It is implemented in tandem with a patient's primary medical treatment to help keep them as comfortable as possible, and improve their quality of life.

Patients do not have to be in hospice or end-of-life care to receive palliative care services. Patients of all ages are able to receive care, whether their medical condition can or cannot be cured.

Our palliative care team of experts provide treatment for relief from: pain, shortness of breath, nausea, vomiting, weight loss, anxiety, problems with sleep, depression and a number of other ailments. Palliative care is appropriate for those who have difficulty managing their care, resulting in frequent hospital stays.

## JOURNEY HOSPICE BRINGS THE RIGHT CARE AT THE RIGHT TIME TO THOSE FACING LONG-TERM OR LIFE-LIMITING ILLNESS.



## OUR *Team*

Our specialized hospice care team consists of experienced, compassionate clinicians that share a vision of achieving the best quality of life for individuals and their families, consistent with their values. Team members include:

- **Medical Director trained in palliative care**
- **Hospice Nurses skilled in symptom assessment and pain management**
- **Social Workers experienced in emotional support and planning**
- **Spiritual Coordinator**
- **Specially-trained Home Health Aides**
- **Bereavement Counselors**
- **Physical, Occupational, and Speech Therapists**
- **Hospice Care Team to coordinate medication, therapies, equipment, or supplies necessary to maintain patient comfort**

Hospice care is covered through Medicare, Medicaid, most private insurance plans, The Department of Veteran Affairs, HMOS, and other managed care organizations. Palliative care is paid for by Medicare, Medicaid and most private insurances.